

# PATIENT SUPPORT CARD

Your Skincare Journey Starts Here!

With \_\_\_\_\_, Your Partner in Healthy Skin

## Meet Your Skincare Expert

Hi! I'm \_\_\_\_\_, a [Nurse Practitioner / Physician Assistant] passionate about helping you feel confident in your skin. I work with trusted dermatological brands like SkinCeuticals, CeraVe, La Roche-Posay, and Vichy to bring you science-backed skincare that works.

Your Personalized Skincare Plan Includes:

- ❖ Gentle Cleansing
- ❖ Hydration & Barrier Support
- ❖ Targeted Treatments (Acne, Rosacea, Eczema & More)
- ❖ Sun Protection – Every Day!

Let's Stay Connected

- ❖ Clinic: \_\_\_\_\_
- ❖ Phone: \_\_\_\_\_
- ❖ Email: \_\_\_\_\_
- ❖ Website: \_\_\_\_\_
- ❖ Follow-up: \_\_\_\_\_

Pro Tips from Your NP/PA:

- ❖ Always apply sunscreen—even on cloudy days!
- ❖ Layer products from thinnest to thickest.
- ❖ Consistency is key—give your routine 6–8 weeks.

You've Got This—And I've Got You!

Let's work together to achieve your healthiest skin yet.